

AN INDOOR GARDEN

HOME ACTIVITIES



Whether it's winter, spring, summer, or fall, you can always enjoy an indoor garden! And if it's planting season, you can work with your child on the beginnings of a real garden. Even if you don't think you have a green thumb, you'll soon thrive among the bright colors and tasty treats of our garden packet...seeds of ideas for you to start planting!

EVERYTHING'S COMING UP ROSES!

GET STARTED:

Make A Colorful Indoor Garden

Aren't the prettiest gardens full of a variety of blooms? Using two different techniques, you can create a bed of recycled bottle and tissue flowers that is photo-worthy. Once they're made, arrange them on a window sill, in a corner of a room, or even on a shelf... somewhere that will help brighten every day!

Recycled Bottle Flowers

What you'll need:



Tap the icon to view step-by-step instructions for making recycled bottle flowers.

Tissue Flowers

What you'll need:



Tap the icon to view step-by-step instructions for making tissue flowers.

AN INDOOR GARDEN

HOME ACTIVITIES



GET GROWING!

SING ALONG:

“Oats, Peas, Beans, and Barley”

Start the music and enjoy learning it and singing along while you and your child get busy planting.



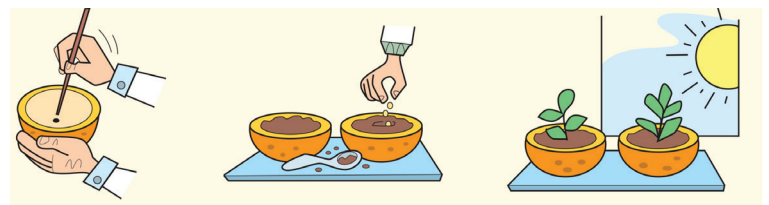
Tap the icon to listen to Kindermusik’s “Oats, Peas, Beans, and Barley.”

What you’ll need:

- Large orange or grapefruit
- Nail or skewer
- Tray or cookie sheet
- Potting soil
- Large spoon
- Seeds for a quick-growing herb such as basil, chives, cilantro or dill

Homemade flowers are beautiful, but now it’s time to try growing some real plants. The results (pretty, aromatic plants you can use to flavor your food) will not be immediate. But it’s fun to get started...and represents an important lesson for your child. If the plants are tended to daily, you child will soon learn that patience pays off!

1. Share a snack! Cut the fruit in half and carefully hollow out the peel, leaving it intact. Then share the segments for a healthy and delicious treat.
2. Wash out the halved peel, using a spoon to scrape out any remaining fruit.
3. Use a nail or a skewer to poke a hole in the bottom or each half.
4. Put the halves on a tray or cookie sheet.
5. Help your child spoon soil into each half, packing the soil fairly tightly.
6. Use the nail or skewer to poke holes in the soil. Help your child put a seed into each hole and then cover it over with soil.
7. Place the tray in a sunny spot. Talk daily with your child about testing the soil to see how moist it is. Explain that plants need good soil, sunshine, and enough water to grow healthy.
8. Enjoy watching the seeds sprout, then harvest the herbs to flavor your food!



AN INDOOR GARDEN

HOME ACTIVITIES

Now that your garden's bloomin', it's time to enjoy the beauty of it while eating some healthy garden-themed snacks. You will have as much fun making them with your child as you do eating them.



FRUIT-LICIOUS!

SING ALONG: "All Around the Kitchen"

Nothing brings a sunny day in the garden to mind more than some sweet fruit snacks. So gather up the ingredients needed for these fruity delights, and enjoy some time in the kitchen with your kiddo. The Kindermusik song "All Around the Kitchen" will make the time even more special. Dance, sing, snack...and celebrate your garden!

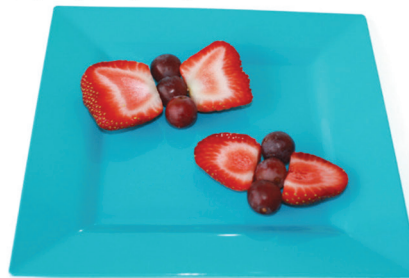


Tap the icon
to listen to
Kindermusik's
"All Around the
Kitchen."

GET STARTED: Make Some Garden Snacks

Fruit Butterflies

Cut strawberry slices for wings, place three grape halves in between, and you've got fruity butterflies!



Flower Power

Introduce your toddler to edible flowers in the garden. Slice an apple, throw in some raisins or dried cranberries, and you're pretty—and healthy—as a picture.



Will You Be My Clementine?

Scissors and a marker transform a plain old clementine or mandarin into a new backyard buddy (and a healthy snack).

AN INDOOR GARDEN

HOME ACTIVITIES

One thing that makes a garden really special is a water feature. The sounds of water flowing, dripping, splashing, trickling...these sounds somehow magnify the serenity of nature. But you don't have to make a fountain to welcome them into your indoor garden. You can listen to recorded water sounds!

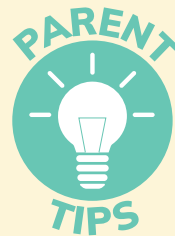
JUST ADD WATER

REST: "Stream Flowing"

Gardening is hard work. However, one wonderful benefit of having a garden is that it becomes a beautiful, peaceful place to rest and relax. With the work behind you and your tummies full, you and your child should now take some time to rest together in your indoor garden. The sounds of the water feature should make it easy for you both to chill out for a while.



Tap the icon to listen to Kindermusik's "Stream Flowing."



FINGER ISOLATION

Did you know that finger isolation is a skill that must be practiced and refined? Babies move all of their fingers at the same time, but as they grow and develop, children begin to learn to move the fingers individually. Being able to move the fingers individually is critical to fine motor skill development. It contributes to developing an efficient pencil grasp, typing on a laptop, playing musical instruments, tying shoelaces, and countless other daily living skills...including all the activities involved in making your indoor garden!



We'd love to see your indoor garden. Take a photo of your flowers and other plantings. Show us how your snacks turned out, too! Post to your favorite social media site and remember to tag @Kindermusik!