

BE ROYALLY YOU

HOME ACTIVITIES



A ROYAL SCEPTER

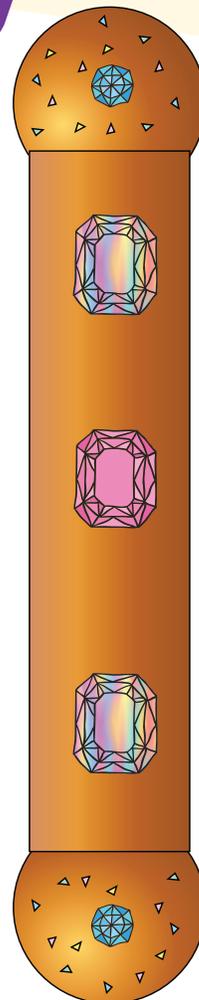
GET STARTED: Make a Cardboard Scepter

The black and white printable pages provided in this week's kit include everything needed to make a crown and a royal shield. Now it's time to add a scepter to the royal attire. By the way, your child might also want a royal cape. Use a scarf, towel, or other fabric you have on hand. (Remember, purple is a royal color!)

What you'll need:

- Cardboard tube (paper towel center)
- 2 craft foam balls
- Glitter
- Glue
- Gold paint or markers
- Gem stickers or shiny pebbles

Many kiddos go through a period of fascination with kings and queens, princes and princesses, and castles. Adults do, too. In fact, royal weddings are some of the most widely viewed events in every decade. So, why not bring a bit of the royal life into your own home? Elevate everyone's imagination as you dress up, build a castle, and eat like the rulers of medieval times.



What you'll do:

- Glue the foam balls to each end of the tube.
- Paint or color the scepter handle and bottom foam ball gold.
- Cover the top foam ball lightly with glue, and sprinkle with glitter.
- Add gem stickers or other small shiny objects as your jewels throughout.

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To be truly royal, you have to have a castle. So it's time to build one!



A ROYAL CASTLE

GET STARTED: Make a Cardboard Castle

We've got the perfect DIY castle that's just the right size for pretending. It will take some teamwork to get it built (just like it took HUGE teams of builders to construct the castles from long ago that are still standing) but we promise it's worth it! Your little one will enjoy spending time in his or her very own royal abode.



Tap the icon to view step-by-step instructions for making a cardboard castle.

What you'll need:

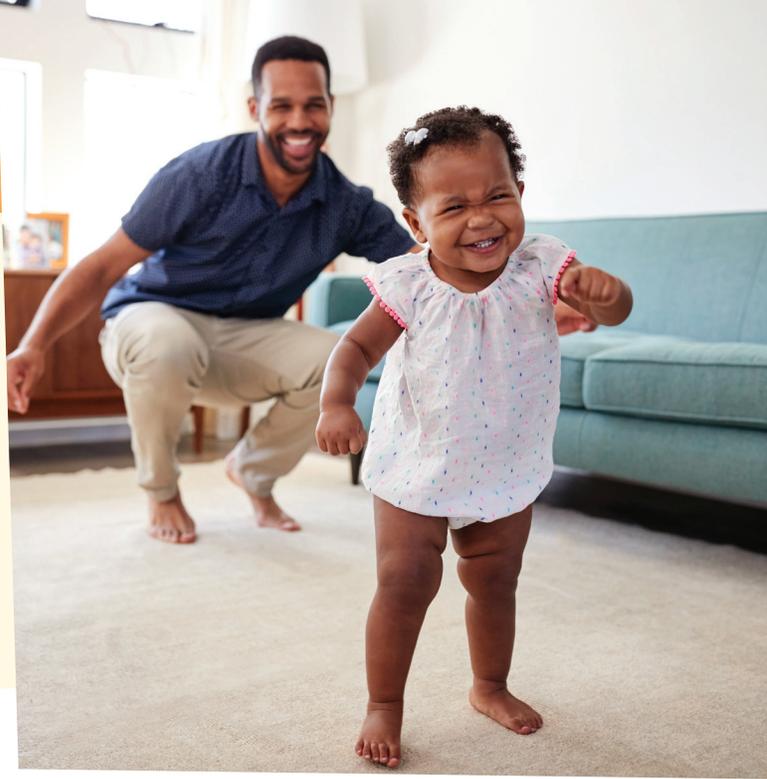
- A big box
- Paper roll
- Glue
- Paint & Brush
- Construction paper
- Exacto
- Yarn
- Scissors



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You've got the royal attire. You've got the royal castle. Now it's time to move around the castle in a royal way.



A ROYAL DANCE

DANCE ALONG: “Round and Round the Castle”

The Kindermusik song “Round and Round the Castle” gives instructions for just the right moves. As you and your child listen carefully, you will:

- Walk and stop.
- Take 1 step, 2 steps.
- Look around and see if other royals are nearby.
- Turn around, tiptoe away.
- Come back to walk around some more.



Tap the icon to listen to Kindermusik’s “Round and Round the Castle.”



THE POWER OF THE CIRCLE DANCE

Circle dances come from the wonderful tradition of communities dancing together—a practice still relevant today in its capacity to foster fellowship among people of all ages and abilities. A circle dance contributes to healthy social and emotional development, and when “go and stop” instructions are part of it, your child learns important self-control skills, too.

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You probably worked up quite an appetite with all of your royal pursuits. Now it's time to plan and put on a royal feast! If you can, rustle up a white table covering (a towel or blanket will do!), candles, and flowers from the yard to show your royal devotion to a proper table.



A ROYAL FEAST

GET STARTED: Prepare A 4-Course Medieval Meal*

With your child, prepare the following foods for a traditional medieval feast. As you work, put yourself in a royal mood with the Kindermusik instrumental “Going to the Castle.” And don’t forget to wear your crown! If you haven’t accessed the black and white crown printable, take a moment to create one before you dine.

Course 1: Sliced apples

Course 2: Chicken legs (roasted or fried),
lettuce with fresh herbs, rye bread

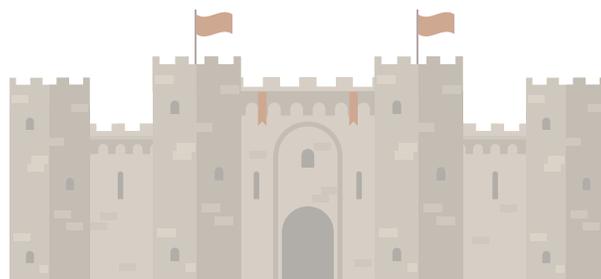
Course 3: Sliced pears sprinkled with cinnamon

Course 4: Cheese

**For littles with allergies or dietary restrictions, sub other favorite royal foods and spices!*



Tap the icon to listen to Kindermusik’s “Going to the Castle.”



Listen to this week’s songs as well as dozens of additional Kindermusik favorites on the new (and totally **FREE**) Kindermusik app. Available for download in the [App Store](#) and [Google Play](#).